

Stanchester Academy - Year 8 – RE – Hinduism

keywords		
1	Brahman	a supreme being in which most Hindus believe; the source of everything, including the gods
2	polytheistic	a religion that believes in more than one God
3	Vedas	a collection of sacred writings, literally meaning 'knowledge'
4	dharma	the duties a Hindu should follow in life
5	deity	a god or goddess
6	trimurti	the three main deities of Hinduism. Refers to Brahma, Vishnu and Shiva
7	avatar	a god who descends to earth as a human or another animal
8	atman	the essence of a being. Can refer to body, mind or soul
9	reincarnation	when a soul is reborn by passing into a new body
10	karma	actions, and the consequences of actions

keywords		
11	samsara	the cycle of life, death and rebirth
12	moksha	escape from the cycle of reincarnation
13	Mandir	a temple; a place of Hindu worship
14	puja	the word most Hindus use for an act of daily worship
15	symbol	an image that expresses religious ideas
16	Aum	a sacred symbol or sound that is very important to Hindus and which they chant
17	ascetic	someone who lives a simple life away from society, usually to become closer to the supreme being or achieve moksha
18	mantra	a sacred (holy) prayer or word which often is chanted or sung rather than just spoken
19	meditation	the practice of focussing the mind
20	yoga	controlling the mind and body to purify yourself and achieve moksha